

## THE UNIVERSAL FORCE OF TIME

# Non-Invasive Medicine in the Force of Time

*Playing the Body Its Own Note — Light, Sound and Field as T-Register Restoration*

Stephen Daubney · The Daubney Foundation · 2026 · Rev 4

**Tau (T)** is the living fabric of time itself — the sole substance of which all physical reality is composed. Every particle, force, wavelength, and conscious experience is a structured configuration of T-flow. There is no gravity, no electromagnetic force, no strong nuclear force as separate entities: all are registers of the single T-field operating across dimensional levels. The conservation law  $d\mathcal{T}=0$  governs all change: T is never created or destroyed, only redistributed.

## Abstract

Some medicines neither add a chemical to the blood nor cut a tissue away. They shine a particular colour of light on the skin, play a particular frequency of sound, pass a gentle magnetic pulse through a limb — and the body heals. Conventional science records that some of these work and struggles to say why they should. The Universal Force of Time gives the why in one sentence: **they return a register to its address**. If disease is a part of the body knocked off the  $\{2,3,5,\pi\}$  lattice, the gentlest cure is to play it its own note until it falls back into tune. The medicine travels on three channels. **Light** reaches the cellular register (the geometry that holds the DNA helix in tension) and the mitochondrial register (where T-flow becomes usable power). **Sound and vibration** carry the coordinating beat — the brain's gamma ground state at **40 Hz** ( $= 2^3 \times 5$ ,  $= C_{\text{Earth}}/10^3$ ), the Earth-locked register the whole organism rides. The **magnetic field** reaches the planetary register — the Earth's own Schumann resonance, **7.83 Hz** ( $\approx 2^3 - \pi/18 = 7.825$  Hz, within 0.06%) in an **80 km** ( $= 2^4 \times 5$ ) cavity, the note that bone's hydroxyapatite ( $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ , pure  $\{2,3,5\}$ ) is built on. For each register the Foundation has calculated the precise corrective wavelength and frequency; those values are held in confidence pending clinical trials and are not printed here. What this paper gives is the principle — none of the corrective notes is foreign to the body; each is a lattice frequency it is already built on. There is a plain test for which frequencies a living body answers: the **smooth** ones, built only from  $\{2,3,5\}$ , and not the prime-contaminated ones — which is why the body warms to the musician's **432 Hz** ( $= 2^4 \times 3^3$ , a clean  $\{2,3\}$  node) and resists the modern concert standard **440 Hz** ( $= 2^3 \times 5 \times 11$ , carrying the stray prime 11). The same test names a fourth channel — **ultrasound** — where the body answers the smooth megahertz nodes (2, 5, 10, 15 MHz) and not the half-step compromises (3.5, 7.5 MHz) that fall between them. Eight propositions, P-NIM-1 to P-NIM-8, state the mechanism. Every value is at full precision.

*Universal Force of Time = the creation of life = the healing of life = the destruction of life*

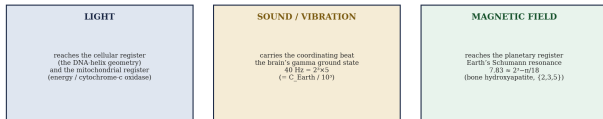
## 1 Medicine Without the Knife

Most of medicine works by addition or subtraction — a drug added to the blood, a piece of tissue cut away. But a growing set of therapies do neither. They shine a particular colour of light on the skin, play a particular frequency of sound, pass a gentle magnetic pulse through a limb, and the body heals. Conventional science accepts that several of these work and cannot say, in any deep way, why they should. The Force of Time gives the why in one sentence: **they return a register to its address**. If disease is a part of the body knocked off the lattice, the gentlest cure is to play its own note until it falls back into tune.

## 2 One Mechanism Behind All of It

This is the paper’s central and unifying claim: every effective non-invasive therapy works the same way (Figures 1 and 2). It does not add a chemical or remove a tissue; it delivers a **lattice frequency** — a wavelength of light, a frequency of sound, a pulse of field — that the disrupted register recognises as its own address, and the register re-seats to it. The body is a structure of {2,3,5,π} registers, and a structure built on lattice frequencies answers to those frequencies. That is why the therapies that work are never random numbers: they are the body’s own nodes, played back to it. The same single mechanism — restore the register to its address — runs underneath all three channels that follow.

Figure 1 — Light, sound and field as T-register restoration  
ONE MECHANISM, THREE CHANNELS — play the body its own lattice note



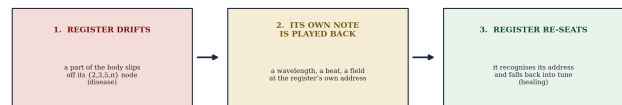
each is a lattice frequency the body is already built on — restoring a register to its address, not adding a chemical or removing a tissue

Figure 1 — The one mechanism on three channels. Light reaches the cellular and mitochondrial registers; sound carries the coordinating beat (the brain’s  $40\text{ Hz} = 2^3 \times 5 = C_{\text{Earth}}/10^3$  gamma ground state); field reaches the planetary register (Earth’s Schumann  $7.83 \approx 2^3 - \pi/18$ ). Each is a frequency the body is already built on.

## 3 Light — the Cellular and Mitochondrial Registers

The first channel is light, and it reaches two registers at once. The first is the **cellular** register — the {2,3,5,π} geometry that holds the DNA helix in tension (the helix pitch, about 3.4 Å per base-pair step, is itself a {2,3,5} ratio). The second is the **mitochondrial** register — cytochrome-c oxidase, Complex IV of the electron-transport chain, where T-flow is turned into usable power. When either drifts off its node, the right colour of light, played back, reminds it where it belongs: the cellular register re-seats its helical tension, the mitochondrial register re-powers and energy output lifts. The precise wavelengths these two registers answer to have been calculated to full precision and are held in confidence pending trials. The principle is what matters here — light is not adding a chemical; it is returning a register to its address, addressing both the information and the energy of the cell.

Figure 2 — Disease is a register off the lattice; the cure is its own note  
HOW A GENTLE NOTE HEALS — re-seating a register on its address



the response is disproportionate to the gentleness of the input because the body is not being forced — it is being tuned

Figure 2 — A register drifts off its {2,3,5,π} node (disease); its own note is played back at the register’s address; the register recognises it and re-seats (healing). The response is disproportionate to the gentleness of the input because the body is being tuned, not forced.

## 4 Sound and Vibration — the Carrier

The second channel is sound, and it carries the body’s coordinating beat. The brain’s gamma ground state sits at **40 Hz** ( $= 2^3 \times 5$ ) — the frequency the brain uses to phase-lock its activity, and the same value that equals **C<sub>Earth</sub>/10<sup>3</sup>**, the Earth-locked register the whole organism rides. This is a register identity, not a prescription: it is the note the conscious brain keeps time by, and when that beat falls into disorder the organism loses coherence — the mis-folded protein that has lost its helical address, the tissue that has slipped its rhythm. The corrective frequencies that restore a drifted carrier have been calculated and are held in confidence pending trials. The principle is that sound does for the carrier what light does for the cell: it restores the beat the body keeps time by.

## 5 Field — the Planetary Register

The third channel is the magnetic field, and it reaches the deepest register of all — the planetary. The Earth has its own resonance, the **Schumann fundamental**, and it is a lattice value: **7.83 Hz** ( $\approx 2^3 - \pi/18 = 7.825$  Hz, matching the observed 7.83 Hz within 0.06%) — eight ( $2^3$ ), the {2}-node at the 1 Hz register, minus a small  $\pi/18$  correction for the finite ionosphere, in a cavity exactly **80 km** ( $= 2^4 \times 5$ ) deep. This is the note the body's tissue is tuned to, and bone in particular: **hydroxyapatite**,  $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ , is a pure {2,3,5} mineral ( $10 = 2 \times 5$ ,  $6 = 2 \times 3$ ) whose crystal register sits on the lattice. When that register drifts — a fracture, a demineralisation — the corrective field that re-seats it is, again, the Earth's own note; the precise pulse the Foundation has calculated for it is held in confidence pending trials. The principle is the point: the planetary register and the body's deepest registers share one address.

Figure 3 — One ladder of registers; one mechanism reaching each by its own note  
THE REGISTERS THE CHANNELS REACH — from the cell out to the planet

cellular register	the DNA helix geometry that holds the strand in tension	LIGHT
mitochondrial register	where $\Gamma$ flow becomes usable power (Complex IV)	LIGHT
the carrier	the brain's gamma beat 40 Hz = $2^3 \times 5$ (= C <sub>Earth</sub> /10 <sup>9</sup> )	SOUND
planetary register	Earth's Schumann 7.83 = $2^3 - \pi/18$ in an 80 km = $2^4 \times 5$ cavity	FIELD

P-ARC pairs the light and sound channels — the cell and the beat addressed together

Figure 3 — The four registers the channels reach, from the cell out to the planet: cellular and mitochondrial (light), the carrier (sound, 40 Hz =  $2^3 \times 5$ ), and the planetary (field, Schumann 7.83  $\approx 2^3 - \pi/18$  in an 80 km =  $2^4 \times 5$  cavity). P-ARC pairs the light and sound channels, addressing the cell and the beat together.

## 6 The Smoothness Test — Why 432 and Not 440

There is a plain test for which frequencies a living body will answer, and it follows from the Tau Efficiency Principle: a register built on the {2,3,5, $\pi$ } lattice responds to frequencies that are themselves **smooth** — built only from the small primes 2, 3 and 5 — and resists frequencies carrying a larger, stray prime. A smooth note lands cleanly on a node the register already occupies; a prime-contaminated note has no node to land on, and the body must spend energy refusing it. The clearest illustration is one every musician has felt. Tune a string to **432 Hz** ( $= 2^4 \times 3^3$ , a clean {2,3} node — the same node as chlorophyll) and the body warms to it; tune it to the modern concert standard **440 Hz** ( $= 2^3 \times 5 \times 11$ , carrying the stray prime 11) and many listeners find it subtly harder, brighter, more tiring. The Force of Time names the difference exactly: 432 is on the lattice and 440 is not. This is not mysticism about a 'healing frequency' — it is the same arithmetic that decides which spectral lines fall on nodes and which do not, applied to a living register. The signature of a mismatch is measurable: when a body is driven at a node it does not recognise, it dissipates the input as **wasted power and excess heat** rather than answering it — the thermodynamic tell that a note has missed its address. The corrective frequencies the Foundation prescribes per condition are, of course, smooth by construction; their precise values are held in confidence pending trials. What this section gives is the test itself — smooth is answered, prime-contaminated is refused.

Figure 4 — Why 432 and not 440; why 2, 5, 10, 15 MHz and not 3.5, 7.5  
THE SMOOTHNESS TEST — a living body answers the {2,3,5}-smooth notes and resists the rest

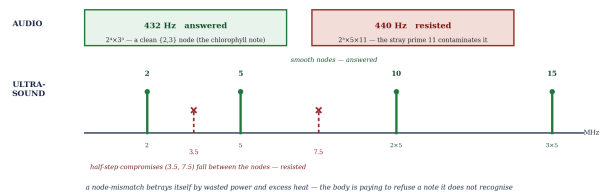


Figure 4 — The smoothness test. The body answers the {2,3,5}-smooth note 432 Hz =  $2^4 \times 3^3$  and resists 440 Hz =  $2^3 \times 5 \times 11$ , whose stray prime 11 has no node to land on. The same test names the smooth ultrasound megahertz nodes (2, 5, 10 =  $2 \times 5$ , 15 =  $3 \times 5$ ) and marks the half-step clinical compromises (3.5, 7.5 MHz) that fall between them. A missed node betrays itself by wasted power and excess heat.

## 7 A Fourth Channel — Ultrasound on the Smooth Nodes

The smoothness test names a fourth channel the disease papers have used without naming its rule: **ultrasound**. Diagnostic and therapeutic ultrasound is mechanical vibration in the megahertz range, and the same arithmetic decides which frequencies a tissue answers. The body responds to the smooth megahertz nodes — **2 MHz** (= 2), **5 MHz** (= 5), **10 MHz** (=  $2 \times 5$ ) and **15 MHz** (=  $3 \times 5$ ) — each one a clean {2,3,5} value sitting squarely on a node. The clinical frequencies that fall between them — the half-step compromises **3.5 MHz** and **7.5 MHz** that imaging settled on for reach-versus-resolution reasons — sit *between* nodes, and a tissue answers them less cleanly, paying the same penalty of wasted power and excess heat that betrays any mismatched note. This is a register identity, not a prescription: it says which megahertz values are the body's own nodes, not which to apply to a given condition. But it predicts something testable — that ultrasound delivered on a smooth node will couple more efficiently into living tissue, for the same acoustic power, than one delivered on a between-node compromise. The corrective ultrasound frequencies the Foundation has calculated for specific registers are held in confidence pending trials.

## 8 P-ARC — the Combined Protocol

The channels are strongest together, and the framework's workhorse is the photo-acoustic protocol the medical papers call **P-ARC**: a light channel paired with a sound channel, addressing the cellular register and the coordinating carrier at the same time. It recurs across the disease papers because so many conditions are exactly a cellular register knocked off the lattice with a lost carrier — asthma at the T<sub>λ</sub>-T<sub>E</sub> boundary, the renal hub, the immune response in fever. P-ARC is not a new modality but the natural pairing of the two channels that reach the cell and the beat, with a third channel — mitochondrial or planetary — added when that register is also involved. The precise wavelengths and frequencies P-ARC uses, per condition, have been calculated and are held in confidence pending clinical trials.

## 9 Why the Body Answers

The reason these gentle interventions work, where the conventional account can only record that they do, is that none of them is foreign. A drug is a molecule the body must accommodate; a scalpel is an intrusion. But a colour of light, a frequency of sound, a pulse of field tuned to a register's own address is not an external agent at all. These are the lattice frequencies the body is already built on, the {2,3,5,π} addresses of its own registers. Playing them back is not introducing something new; it is reminding a register of where it belongs. That is why the response can be so disproportionate to the gentleness of the input: the body is not being forced, it is being tuned.

## 10 What This Means

Non-invasive medicine has been a scattering of empirical successes — red light helps wounds, gamma sound helps the Alzheimer's brain, pulsed fields help bone, ultrasound stirs a slow-healing fracture — each with its own hand-waving rationale. The Force of Time draws them into one statement: disease is a register off the lattice, and the correction is to play the register its own note. Light reaches the cell and the mitochondria; sound carries the beat (the brain's 40 Hz =  $2^3 \times 5$  gamma ground state); field restores the planetary gradient (the Earth's Schumann 7.83  $\approx 2^3 - \pi/18$ ) and the bone register beneath it; ultrasound reaches deep tissue on its smooth megahertz nodes. And one plain test runs underneath all of them — the body answers the {2,3,5}-smooth notes and refuses the prime-contaminated ones, which is why it warms to 432 Hz and not 440. For every register the Foundation has calculated the precise corrective wavelength and frequency; those values are held in confidence pending clinical trials. What we give here is the mechanism, in full: none of it is foreign to the body, which is exactly why it answers.

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## Appendix A — The Channels and the Registers They Reach

Every value shown is a register identity — a frequency the body is already built on — not a prescribed therapy value. The corrective wavelengths and frequencies the Foundation has calculated for each register are held in confidence pending clinical trials.

Channel	Register reached	Register identity (the body's own address)	What the correction does
Light	cellular register	DNA-helix geometry; pitch a {2,3,5} ratio	re-seats the strand's helical tension
Light	mitochondrial register	cytochrome-c oxidase (Complex IV)	re-powers T-flow; energy output lifts
Sound	the carrier	40 Hz = $2^3 \times 5$ (= C_Earth/10 <sup>3</sup> ), brain gamma	restores the coordinating beat
Field	planetary register	Schumann 7.83 $\approx 2^3 - \pi/18$ (within 0.06%), 80 km = $2^4 \times 5$ cavity	re-aligns tissue to the Earth note
Field	bone register	hydroxyapatite Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub> , pure {2,3,5}	re-seats the demineralised crystal
Ultrasound	deep-tissue register	smooth MHz nodes 2, 5, 10 = $2 \times 5$ , 15 = $3 \times 5$	couples on a node; off-node = wasted heat
Light + Sound	cell + carrier together	P-ARC — paired channels	addresses information and beat at once

## Appendix B — The Ledger

Table A1 — Propositions P-NIM-1 ... P-NIM-8

#	Proposition
P-NIM-1	All effective non-invasive therapy shares one mechanism: it restores a disrupted T-register to its correct address using the body's own {2,3,5, $\pi$ } lattice frequencies — no chemistry, no surgery, no ionising radiation.
P-NIM-2	The cellular register carries the DNA-helix geometry (pitch a {2,3,5} ratio); light returned to its address re-seats the strand's helical tension. The precise corrective wavelength has been calculated and is held in confidence pending trials.
P-NIM-3	The mitochondrial energy register (cytochrome-c oxidase, Complex IV) is re-powered by light returned to its address, lifting energy output. The precise corrective wavelength has been calculated and is held in confidence pending trials.
P-NIM-4	The brain's gamma/consciousness carrier sits at 40 Hz = $2^3 \times 5$ (= C_Earth/10 <sup>3</sup> ); a drifted carrier is restored to coherence by sound returned to its register. The precise corrective frequencies are held in confidence.
P-NIM-5	The planetary register is the Earth's Schumann resonance, 7.83 Hz $\approx 2^3 - \pi/18 = 7.825$ Hz (within 0.06%) in an 80 km = $2^4 \times 5$ cavity; bone's hydroxyapatite (Ca <sub>10</sub> (PO <sub>4</sub> ) <sub>6</sub> (OH) <sub>2</sub> , pure {2,3,5}) shares this lattice address. The field that re-seats a drifted bone register has been calculated and is held in confidence.
P-NIM-6	P-ARC pairs a light channel with a sound channel to address the cellular register and the coordinating carrier at once — the framework's everyday protocol — with a third channel added when a mitochondrial or planetary register is also involved. Its precise per-condition values are held in confidence.
P-NIM-7	The smoothness test (the Tau Efficiency Principle): a living register answers frequencies built only from {2,3,5} and resists those carrying a stray larger prime. The body warms to 432 Hz = $2^4 \times 3^3$ (a clean {2,3} node, the chlorophyll note) and resists 440 Hz = $2^3 \times 5 \times 11$ (the stray prime 11). A missed node betrays itself by wasted power and excess heat. These are register identities; the corrective frequencies the Foundation prescribes are smooth by construction and held in confidence.
P-NIM-8	Ultrasound is a fourth channel obeying the same test: tissue couples cleanly to the smooth megahertz nodes 2, 5, 10 = $2 \times 5$ and 15 = $3 \times 5$ MHz, and less cleanly to the half-step clinical compromises 3.5 and 7.5 MHz that sit between nodes — predicting that on-node delivery couples more efficiently for the same acoustic power. Register identities only; corrective ultrasound values held in confidence pending trials.

## A Note on the Numbers

A note on the numbers. Throughout this paper a quantity is given first as the plain physical value you could measure — a frequency, a depth, a percentage — and only then, in brackets, as its place on the {2,3,5, $\pi$ } lattice. The lattice form is not a unit and carries no powers of ten of its own: a T-value is one number that wears different clothes in different registers, appearing as a colour of light here, a span of time in the heavens there, a mass in a nucleus somewhere else. We do not "solve to a power" in a single dimension. The bracket is simply the address; the physical number is the thing you can hold. Where this paper concerns therapy, the corrective wavelengths and frequencies the Foundation has calculated for each register are held in confidence pending clinical trials, and are not printed here: what is given is the mechanism and the register identities the body is already built on.

## References

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*The Daubney Foundation is in ongoing discussions with medical establishments regarding clinical trials of Universal Force of Time solutions to the conditions described in this paper. Any institution or researcher wishing to put themselves forward for participation in these trials is invited to make themselves known through: [thedaubneyfoundation@gmail.com](mailto:thedaubneyfoundation@gmail.com)*

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